

2021 BYTOWN RECORD OF ACHIEVEMENT

r-road race

i-indoor track race

t- outdoor track race

j-World Athletics (WA) Judging

csj-common sense judging

ru - overall place in a race including runners

@ - official split en route to a longer distance

m - result in mixed race. The first number indicates placing within gender, the second number indicates overall placing. One number only indicates that no athletes of the other gender were ahead. (ie 1/4m = gender winner, fourth overall; 1m = overall winner)

We do not separate genders for Bytown's unsanctioned "Speedy" races.

**CMA-Placement at Canadian Masters Athletics in 5 year age groups

* denotes "chip time " for events with wave starts

1000m						
Time	Member	Place	Type	Event	Location	Date
8:00	Shona Daniels	1	t, csj	Speedy Tuesday	Ottawa - Terry Fox	Aug 24
1000m - VIRTUAL RESULTS						
Time	Member	Place	Type	Event	Location	Date
4:38	John Storms		v	Speedy Thursday - Virtual	Whitehorse	May 06
4:42	John S		v	Bytown Team Paarlauf - Virtual	Whitehorse	Jun 12
5:25	John S		v	Bytown Team Paarlauf - Virtual	Whitehorse	Jun 12
5:57	Lynn Jaffray		v	Speedy Thursday - Virtual	Ottawa	May 06
6:23	John Gardam		v	Bytown Team Paarlauf - Virtual	Manotick	Jun 12
6:28	Linda Beehler		v	Bytown Team Paarlauf - Virtual	Ottawa	Jun 12
6:28	John G		v	Bytown Team Paarlauf - Virtual	Manotick	Jun 12
6:30	Bonnie Love		v	Bytown Team Paarlauf - Virtual	Whitehorse	Jun 12
6:34	Debra Denault		v	Bytown Team Paarlauf - Virtual	Ottawa	Jun 12
6:35	Sandy Archibald		v	Bytown Team Paarlauf - Virtual	Oxford Mills	Jun 12
6:36	Linda B		v	Bytown Team Paarlauf - Virtual	Ottawa	Jun 12
6:37	Annie Cormier		v	Bytown Team Paarlauf - Virtual	Ottawa	Jun 12
6:50	Sandy		v	Speedy Thursday - Virtual	Kemptville	May 06
6:41	Debra		v	Bytown Team Paarlauf - Virtual	Ottawa	Jun 12
7:01	Bonnie		v	Speedy Thursday - Virtual	Whitehorse	May 06
7:01	Debra		v	Speedy Thursday - Virtual	Ottawa	May 06
7:02	Diane Coulterman		v	Bytown Team Paarlauf - Virtual	Ottawa	Jun 12
7:02	Linda B		v	Speedy Thursday - Virtual	Ottawa	May 06
7:06	Annie		v	Bytown Team Paarlauf - Virtual	Ottawa	Jun 12
7:23	Karen Marks		v	Bytown Team Paarlauf - Virtual	Ottawa	Jun 12
7:27	Karen		v	Bytown Team Paarlauf - Virtual	Ottawa	Jun 12
7:35	Diane		v	Bytown Team Paarlauf - Virtual	Ottawa	Jun 12
7:41	Anne MacDonald		v	Speedy Thursday - Virtual	Ottawa	May 06
7:43	Joanne Gage		v	Bytown Team Paarlauf - Virtual	Stittsville	Jun 12
7:50	Anne		v	Bytown Team Paarlauf - Virtual	Ottawa	Jun 12
7:56	Anne		v	Bytown Team Paarlauf - Virtual	Ottawa	Jun 12
7:59	Joanne		v	Bytown Team Paarlauf - Virtual	Stittsville	Jun 12
8:16	Mary-Ellen Maybee		v	Bytown Team Paarlauf - Virtual	Ottawa - Experimental Farm	Jun 12
8:19	Mary-Ellen		v	Bytown Team Paarlauf - Virtual	Ottawa - Experimental Farm	Jun 12
8:26	Angela Quinlan		v	Bytown Team Paarlauf - Virtual	Carp	Jun 12
8:26	Angela		v	Bytown Team Paarlauf - Virtual	Carp	Jun 12
9:06	Mary-Ellen		v	Speedy Thursday - Virtual	Ottawa	May 06

1500m						
Time	Member	Place	Type	Event	Location	Date
9:53	Sandy Archibald	4	t, j	CADL Invitational	Laval, QC	July 25
9:54	Linda Beehler	1	t, csj	Speedy Tuesday	Ottawa - Terry Fox	Aug 17
9:55	John Gardam	2	t, csj	Speedy Tuesday	Ottawa - Terry Fox	Aug 17
9:56	Sandy	3	t, csj	Speedy Tuesday	Ottawa - Terry Fox	Aug 17
9:57	Debra Denault	4	t, csj	Speedy Tuesday	Ottawa - Terry Fox	Aug 17
10:04	Debra	5	t, j	CADL Invitational	Laval, QC	July 25
10:29	Joanne Gage	5	t,csj	Speedy Tuesday	Ottawa - Terry Fox	Aug 17

1500m - VIRTUAL RESULTS						
Time	Member	Place	Type	Event	Location	Date
9:37	John Gardam		v	AO TT #1 - Virtual	Kemptville	June 14-27
10:06	Debra Denault		v	AO TT #1 - Virtual	Ottawa	June 14-27
10:06	Sandy Archibald		v	AO TT #1 - Virtual	Kemptville	June 14-27

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10:39	Linda Beehler		v	AO TT #1 - Virtual	Ottawa	June 14-27
12:06	Joanne Gage		v	AO TT #2 - Virtual	Stittsville	June 14-27
13:30	Mary-Ellen Maybee		v	AO TT #3 - Virtual	Ottawa - Experimental Farm	June 14-27

2019 Bytown Record of Achievement

1 Mile						
Time	Member	Place	Type	Event	Location	Date
7:36	John Storms	1	r	Baked 1 Miler	Whitehorse	Aug 24
10:42	Sandy Archibald	1	r	Bytown 1 Mile	Kemptville	Oct 02
10:42	Linda Beehler	1	r	Bytown 1 Mile	Kemptville	Oct 02
11:03	Andrew Bouchier	3	r	Bytown 1 Mile	Kemptville	Oct 02
11:03	Bonnie Love	2	r	Baked 1 Miler	Whitehorse	Aug 24
11:17	Anne MacDonald	4	r	Bytown 1 Mile	Kemptville	Oct 02
11:29	Chris Bonyun	5	r	Bytown 1 Mile	Kemptville	Oct 02
11:40	Debra Denault	6	r	Bytown 1 Mile	Kemptville	Oct 02
11:44	Diane Coulterman	7	r	Bytown 1 Mile	Kemptville	Oct 02
12:29	Marjory Bonyun	8	r	Bytown 1 Mile	Kemptville	Oct 02
13:38	Sharon Chisholm	9	r	Bytown 1 Mile	Kemptville	Oct 02

2000m						
Time	Member	Place	Type	Event	Location	Date
9:42	John Storms	1	t, csj	Speedy Tuesday	Whitehorse - FH Collins Track	Aug 24
12:52	Lynn Jaffray	1	r, csj	Speedy Sunday	Ottawa - Experimental Farm	Jan 03
13:23	Linda Beehler	2	t, csj	Speedy Tuesday	Ottawa - Terry Fox	Aug 24
13:43	Joanne Gage	2	r, csj	Speedy Sunday	Ottawa - Experimental Farm	Jan 03
13:49	John Gardam	3	t, csj	Speedy Tuesday	Ottawa - Terry Fox	Aug 24
13:55	Debra Denault	4	t, csj	Speedy Tuesday	Ottawa - Terry Fox	Aug 24
13:57	Linda B	3	r, csj	Speedy Sunday	Ottawa - Experimental Farm	Jan 03
13:59	Bonnie Love	5	t, csj	Speedy Tuesday	Whitehorse - FH Collins Track	Aug 24
14:07	Sandy Archibald	6	t, csj	Speedy Tuesday	Ottawa - Terry Fox	Aug 24
14:38	Karen Marks	4	r, csj	Speedy Sunday	Ottawa - Experimental Farm	Jan 03
15:38	Marjory Bonyun	5	r, csj	Speedy Sunday	Ottawa - Experimental Farm	Jan 03
15:38	Diane Coulterman	5	r, csj	Speedy Sunday	Ottawa - Experimental Farm	Jan 03
15:40	Anne MacDonald	7	t, csj	Speedy Tuesday	Ottawa - Terry Fox	Aug 24
16:12	Anne	7	r, csj	Speedy Sunday	Ottawa - Experimental Farm	Jan 03
17:09	Mary-Ellen Maybee	8	t, csj	Speedy Tuesday	Ottawa - Terry Fox	Aug 24
17:12	Angela Quinlan	7	r, csj	Speedy Sunday	Ottawa - Experimental Farm	Jan 03

2000m - VIRTUAL RESULTS						
Time	Member	Place	Type	Event	Location	Date
9:44	John Storms		v	Speedy Thursday - Virtual	Whitehorse	May 06
12:40	Lynn Jaffray		v	Speedy Thursday - Virtual	Ottawa	May 06
13:15	Linda Beehler		v	AO TT #5 - Virtual	Ottawa	Jul 26-Aug 8
13:23	Sandy Archibald		v	AO TT #4 - Virtual	Kemptville	Jul 12-25
13:25	John Gardam		v	AO TT #5 - Virtual	Kemptville	Jul 26-Aug 8
13:27	Sandy		v	AO TT #5 - Virtual	Kemptville	Jul 26-Aug 8
13:39	Sandy		v	Speedy Thursday - Virtual	Kemptville	May 06
13:49	Linda B		v	Speedy Thursday - Virtual	Ottawa	May 06
14:04	Debra Denault		v	Speedy Thursday - Virtual	Ottawa	May 06
14:13	Bonnie Love		v	Speedy Thursday - Virtual	Whitehorse	May 06
14:15	Debra		v	AO TT #4 - Virtual	Ottawa	Jul 12-25
14:41	Joanne Gage		v	AO TT #5 - Virtual	Stittsville	Jul 26-Aug 8
14:48	Linda B		v	AO TT #4 - Virtual	Ottawa	Jul 12-25
15:39	Anne MacDonald		v	Speedy Thursday - Virtual	Ottawa	May 06
15:51	Joanne		v	AO TT #4 - Virtual	Stittsville	Jul 12-25
16:55	Mary-Ellen Maybee		v	Speedy Thursday - Virtual	Ottawa - Experimental Farm	May 06
17:24	Mary-Ellen		v	AO TT #4 - Virtual	Ottawa - Experimental Farm	Jul 12-25
18:08	Mary-Ellen		v	AO TT #5 - Virtual	Ottawa - Experimental Farm	Jul 26-Aug 8

3000m						
Time	Member	Place	Type	Event	Location	Date
16:06	John Storms	1	t, csj	Speedy Sunday	Whitehorse	Feb 28
20:09	Lynn Jaffray	1	r, csj	Speedy Sunday	Ottawa - Experimental Farm	Mar 14
20:50	John Gardam	2	r, csj	Speedy Sunday	Ottawa - Experimental Farm	Mar 14
21:09	Debra Denault	1	t, csj	Speedy Tuesday	Ottawa - Terry Fox	Sept 07
21:18	Sandy Archibald	3	r, csj	Speedy Sunday	Ottawa - Experimental Farm	Mar 14
22:05	Debra	4	r, csj	Speedy Sunday	Ottawa - Experimental Farm	Mar 14

3000m - VIRTUAL RESULTS						
Time	Member	Place	Type	Event	Location	Date
20:11	Lynn Jaffray		v	Speedy Sunday - Virtual	Ottawa	Feb 28
20:15	Sandy Archibald		v	AO TT #2 - Virtual	Kemptville	June 28- July 11
20:26	Debra Denault		v	AO TT #2 - Virtual	Ottawa	June 28- July 11

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20:57	Sandy		v	Speedy Sunday - Virtual	Oxford Mills	Feb 28
21:30	Linda Beehler		v	AO TT #2 - Virtual	Ottawa	June 28- July 11
21:22	John Gardam		v	Speedy Sunday - Virtual	Manotick	Feb 28
22:44~	Karen Marks		v	Speedy Sunday - Virtual	Ottawa	Feb 28
23:34	Joanne Gage		v	AO TT #2 - Virtual	Stittsville	June 28- July 11
26:09	Mary-Ellen Maybee		v	AO TT #2 - Virtual	Ottawa - Experimental Farm	June 28- July 11

~2960m

5km						
Time	Member	Place	Type	Event	Location	Date
29:46	John Storms	7/9m	r, j	Marcel Jobin 5k	Saint Boniface, QC	Sept 25
31:50	Darrell Menard	1	t	Speedy Sunday	Russell	Mar 14
32:55	Sandy Archibald	8/16m	r, j	Marcel Jobin 5k	Saint Boniface, QC	Sept 25
33:42	Sandy	1	r, csj	Canada Day	Ottawa - Experimental Farm	Jul 01
33:46	Linda Beehler	2	r, csj	Canada Day	Ottawa - Experimental Farm	Jul 01
34:11	Linda B	1	r, csj	Wooly Bully	Stittsville - TCT	Aug 15
34:39*	Andrew Bouchier	214ru	r	The Great Big Cookie Run	Ottawa	Nov 7
34:41	Sandy	2	r, csj	Wooly Bully	Stittsville - TCT	Aug 15
34:57	Bonnie Love	11/19m	r, j	Marcel Jobin 5k	Saint Boniface, QC	Sept 25
34:58	Debra Denault	3	r, csj	Canada Day	Ottawa - Experimental Farm	Jul 01
35:11	Linda B	1	r, csj	Richmond Road Race	Ottawa - Experimental Farm	Jan 10
35:17	Debra	3	r, csj	Wooly Bully	Stittsville - TCT	Aug 15
37:32	Debra	2	r, csj	Richmond Road Race	Ottawa - Experimental Farm	Jan 10
38:06	Joanne Gage	1	r	9RunRun	Ottawa - Experimental Farm	Oct 17
38:09*	Joanne	247ru	r	The Great Big Cookie Run	Ottawa	Nov 7
38:16	Anne MacDonald	4	r, csj	Canada Day	Ottawa - Experimental Farm	Jul 01
38:24	Linda B	2	r, csj	Speedy Sunday	Ottawa - Experimental Farm	Mar 14
38:54	Karen Marks	5	r, csj	Canada Day	Ottawa - Experimental Farm	Jul 01
39:21	Karen	3	r, csj	Speedy Sunday	Ottawa - Experimental Farm	Mar 14
38:30	Joanne Gage		r, csj	Wooly Bully	Stittsville - TCT	Aug 30
38:39	Susan McIntyre	3	r, csj	Richmond Road Race	Ottawa - Experimental Farm	Jan 10
38:57	Diane Coulterman	4	r, csj	Richmond Road Race	Ottawa - Experimental Farm	Jan 10
41:15	Mary-Ellen Maybee	6	r, csj	Canada Day	Ottawa - Experimental Farm	Jul 01
42:12	Sharon Chisholm	4	r, csj	Wooly Bully	Stittsville - TCT	Aug 15
42:25~	Anne	5	r, csj	Richmond Road Race	Ottawa - Experimental Farm	Jan 10
42:30	Mary-Ellen	4	r, csj	Speedy Sunday	Ottawa - Experimental Farm	Mar 14
44:24	Sharon	7	r, csj	Canada Day	Ottawa - Experimental Farm	Jul 01
44:49	Mary-Ellen	5	r, csj	Wooly Bully	Stittsville - TCT	Aug 15
47:48	Mary-Ellen	6	r, csj	Richmond Road Race	Ottawa - Experimental Farm	Jan 10
49:49	Mary-Ellen	2	r	9RunRun	Ottawa - Experimental Farm	Oct 17

~5.23kms (walked extra distance)

5km - VIRTUAL RESULTS						
Time	Member	Place	Type	Event	Location	Date
33:13	Lynn Jaffray		v	Kingston Limestone - Virtual	Ottawa	Apr 25
33:42	Sandy Archibald		v	AO TT #3 - Virtual	Kemptville	June 28-July 11
33:46	Linda Beehler		v	AO TT #3 - Virtual	Ottawa	June 28-July 11
35:28	John Gardam		v	Merrickville Heritage Classic-Virtual	Manotick	Apr 24
34:58	Debra Denault		v	AO TT #3 - Virtual	Ottawa	June 28-July 11
35:10	John G		v	Kingston Limestone - Virtual	Manotick	Apr 25
35:11	Sandy		v	Merrickville Heritage Classic-Virtual	Oxford Mills	Apr 24
35:19	Sandy		v	Kingston Limestone - Virtual	Oxford Mills	Apr 25
35:43	John G		v	AO TT #3 - Virtual	Kemptville	June 28-July 11
35:52	Sandy	7	v	NCCWMA - Virtual	Kemptville	Mar 7
35:56	Linda B		v	Shoppers Run for Women's Mental Health	Ottawa	Jul 11
36:24	John Storms		v	Speedy Sunday - Virtual	Whitehorse	Mar 14
36:33	Debra		v	Kingston Limestone - Virtual	Ottawa	Apr 25
36:37	Sandy		v	Richmond Road Race-Virtual	Oxford Mills	Jan 10
36:39	Debra		v	Merrickville Heritage Classic-Virtual	Ottawa	Apr 24
36:48	Linda B		v	Kingston Limestone - Virtual	Ottawa	Apr 25
37:20	Joanne Gage		v	Richmond Road Race-Virtual	Stittsville	Jan 10
37:54	Linda B		v	Merrickville Heritage Classic-Virtual	Ottawa	Apr 24
38:29	Susan McIntyre	17	v	Ottawa Race Weekend-Virtual	Ashton	May 24
38:59	Diane Coulterman		v	Merrickville Heritage Classic-Virtual	Ottawa	Apr 24
39:27	Susan M		v	Kingston Limestone - Virtual	Ashton	Apr 25
39:31	Karen Marks		v	Richmond Road Race-Virtual	Ottawa	Jan 10
39:31	Anne MacDonald		v	Kingston Limestone - Virtual	Ottawa	Apr 25
39:40	Joanne		v	Army Run - Virtual	Ottawa	Jun 12
39:48	Karen		v	Merrickville Heritage Classic-Virtual	Ottawa	Apr 24
40:04	Diane		v	Kingston Limestone - Virtual	Ottawa	Apr 25
40:59	Karen		v	Kingston Limestone - Virtual	Ottawa	Apr 24
41:18	Anne		v	Merrickville Heritage Classic-Virtual	Ottawa	Apr 24
41:40	Angela Quinlan		v	Kingston Limestone - Virtual	Carp	Apr 25
41:49	Mary-Ellen	21	v	Ottawa Race Weekend-Virtual	Ottawa - Experimental Farm	May 24
42:06	Pierre St. Onge		v	Merrickville Heritage Classic-Virtual	Ottawa	Apr 24
42:08	Angela		v	Merrickville Heritage Classic-Virtual	Carp	Apr 24
42:19	Pierre		v	Kingston Limestone - Virtual	Ottawa	Apr 25
43:17	Joanne		v	AO TT #3 - Virtual	Stittsville	June 28-July 11
43:56	Mary-Ellen		v	Merrickville Heritage Classic-Virtual	Ottawa - Experimental Farm	Apr 24
45:09	Mary-Ellen		v	Kingston Limestone - Virtual	Ottawa - Experimental Farm	Apr 25
45:41	Joanne	36	v	Ottawa Race Weekend-Virtual	Stittsville	May 24
48:00	Linda		v	Merrickville Heritage Classic-Virtual	Ottawa	Apr 24
48:16	Mary-Ellen		v	Army Run - Virtual	Ottawa	Sep 12
48:30	Linda Johnston	44	v	Ottawa Race Weekend-Virtual	Ottawa	May 24
54:33	Marian Jordan		v	Merrickville Heritage Classic-Virtual	Ottawa	Apr 24
57:59	Marian		v	Kingston Limestone - Virtual	Ottawa	Apr 25
60:00	Linda J		v	Canada Day - Virtual	Ottawa	Jul 01

10km						
Time	Member	Place	Type	Event	Location	Date
53:13	John Storms	1m	t/r	Yukon 10k Champs	Whitehorse	Aug 10
1h10:49*	Sandy Archibald	383ru	r	9 RunRun	Stittsville	Oct 16
1h:12:00	Bonnie Love	1/2m	t/r	Yukon 10k Champs	Whitehorse	Aug 10
1h:14:17*	John Gardam	273ru	r	9 RunRun	Stittsville	Oct 16
1h:15:23*	Debra Denault	383ru	r	9 RunRun	Stittsville	Oct 16
1h:16:48	Karen Marks	1	r	9 RunRun	Ottawa - Experimental Farm	Oct 17
1h:17:58	Anne MacDonald	2	r	9 RunRun	Ottawa - Experimental Farm	Oct 17

10km - VIRTUAL RESULTS						
Time	Member	Place	Type	Event	Location	Date
1h:13:23	Debra Denault	9	v	Ottawa Race Weekend-Virtual	Ottawa	May 24
1h:16:29	Linda Beehler	11	v	Ottawa Race Weekend-Virtual	Ottawa	May 24
1h:17:48	Sandy Archibald	12	v	Ottawa Race Weekend-Virtual	Oxford Mills	May 24
1h:23:40	Karen Marks	18	v	Ottawa Race Weekend-Virtual	Ottawa	May 24

Other distance 6.24kms - VIRTUAL RESULTS						
Time	Member	Place	Type	Event	Location	Date
59:05	John Storms		v	Haeckell Hill - Virtual	Whitehorse	May 30
Other distance: 12km - VIRTUAL RESULTS						
Time	Member	Place	Type	Event	Location	Date
1h15:08	John Storms		v	Summer Solstice Run - Virtual	Whitehorse - Grey Mountain	Jun 22

Half Marathon						
Time	Member	Place	Type	Event	Location	Date
2h:32:36	John Storms	1	r	Southern Lakes Half	Yukon	Jun 19
2h:45:16	Bonnie Love	2	r	Southern Lakes Half	Yukon	Jun 19

Half Marathon - VIRTUAL RESULTS						
Time	Member	Place	Type	Event	Location	Date
2h35:17	Debra Denault		v	Army Run	Ottawa	Sept 12
2h35:17	John Gardam		v	Army Run	Ottawa	Sept 12
2h:49:03	John G		v	Ottawa Race Weekend-Virtual	Manotick	May 24
2h57:57	Jamie Lombardo		v	Army Run	Ottawa	Aug 27
2h58:30	Jamie		v	Ottawa Race Weekend-Virtual	Ottawa	May 24

2h53:38	John G		v	Fredricton Half	Manotick	May 6
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One Hour - VIRTUAL RESULTS						
distance	Member	Place	Type	Event	Location	Date
10,290	John Storms		v	14th Annual One Hour - Virtual	Whitehorse	Apr 15
9,450	Darrell Menard		v	14th Annual One Hour - Virtual	Russell	Apr 10
8,264	John Gardam		v	14th Annual One Hour - Virtual	Kemptville	Apr 10
8,247	Sandy Archibald		v	14th Annual One Hour - Virtual	Kemptville	Apr 10
8,030	Linda Bheeler		v	14th Annual One Hour - Virtual	Ottawa	Apr 11
7,990	Debra Denault		v	14th Annual One Hour - Virtual	Ottawa	Apr 10
7,830	Anne MacDonald		v	14th Annual One Hour - Virtual	Ottawa	Apr 11
7,600	Karen Marks		v	14th Annual One Hour - Virtual	Ottawa	Apr 18
7,500	Diane Coulterman		v	14th Annual One Hour - Virtual	Ottawa	Apr 10
7,226	Pierre St. Onge		v	14th Annual One Hour - Virtual	Ottawa	Apr 18
6,825	Roger Burrows		v	14th Annual One Hour - Virtual	Ottawa	Apr 18
6,800	Patricia Brander		v	14th Annual One Hour - Virtual	Greely	Apr 18
6,710	Mary-Ellen Maybee		v	14th Annual One Hour - Virtual	Ottawa	Apr 11
6,540	Marian Jordan		v	14th Annual One Hour - Virtual	Ottawa	Apr 10
6,540	Jamie Lombardo		v	14th Annual One Hour - Virtual	Ottawa	Apr 10

Marathon - VIRTUAL RESULTS						
Time	Member	Place	Type	Event	Location	Date
8h34:30	Marian Jordan		v	Boston Marathon - Virtual	Ottawa	Oct 08

And Beyond ! VIRTUAL RESULTS						
Time	Member	Place	Type	Event	Location	Date
7h31:00	Marian Jordan	4ru	v	Ottawa Race Weekend - 50K	Ottawa	May 24
2h04:00	Debra Denault	71ru	v	Ottawa Race Weekend- 2K+5K+10K	Ottawa	May 24